

## 到挪威爬山去 Norway Hiking Trip

Sept. 15 Saturday to Sept. 23 Sunday, 2018

Fly to Oslo, Norway and the trip ends at Bergen, Norway

Circle the south part of Norway – drive 1800+ km totally, plus 8 to 27 km day hike each day. All events are optional. I hope you can take care your own flight, car rental, hotel/campground reservation, meals, and hiking gears. We just meet at the trailhead each day and do the hike together.

Contact [shu.tony@gmail.com](mailto:shu.tony@gmail.com) or 917-923-0994 if you need help to arrange carpool/roommate.

<https://www.visitnorway.com/> has map in this web site. You need arrange your own non-hiking events, e.g. sightseeing.

**Hotel reservation:** booking.com , airbnb.com

Draft itinerary:

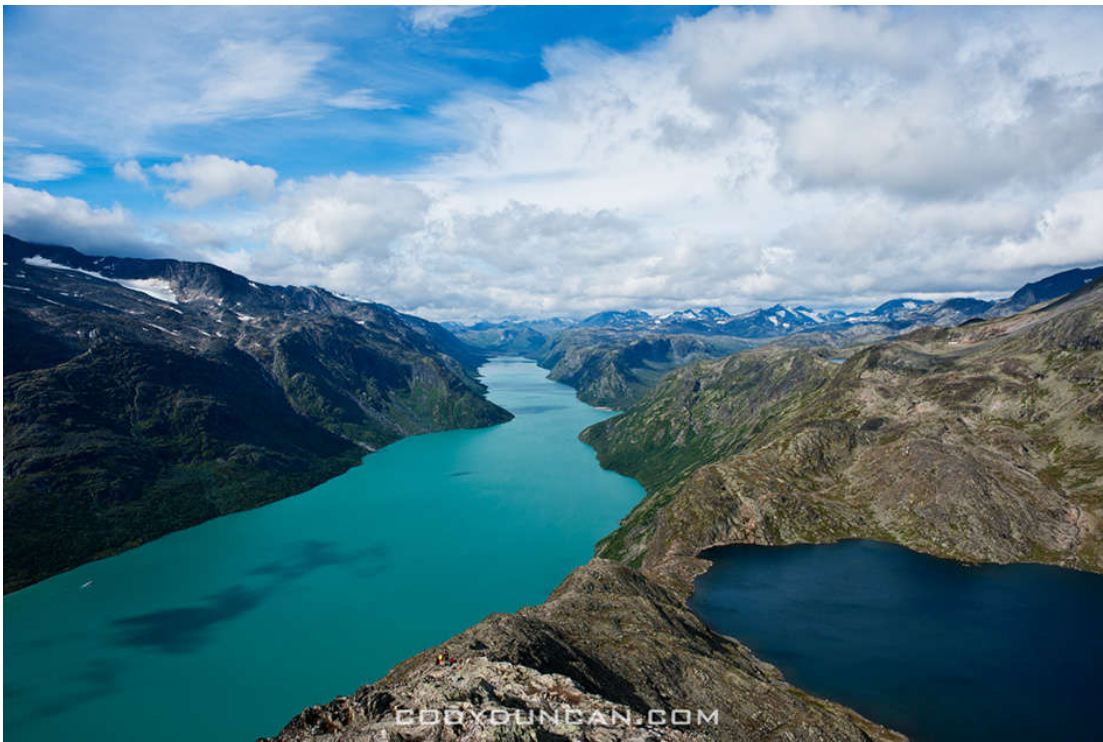
9/15 Saturday: fly to Oslo, city tour by yourself: Opera house, Akeshus Fortress, City Hall, Nobel Peace Center, Royal Palace, National Gallery, Vigeland Sculpture, Viking Ship Museum, Maritime museum,



drive toward next day trailhead  
e.g. drive from Oslo to Beitostølen, 224 KM, 3.5 hours

9/16 Sunday: 9:00AM meet at Gjendesheim 61.495244, 8.809108 which is 34 km, 40 minute drive from Beitostølen , or 262 km, 4 hour drive from Oslo.

take 9:30AM Gjende ferry, from Gjendesheim to Memurubu, 160 Nok, buy ticket <https://www.gjende.no/en/>  
hike: Besseggen Ridge, 13 km, 2950 ft elevation gain, 6-8 hours.



<https://www.visitnorway.com/listings/the-bessekken-ridge-in-jotunheimen/12343/>  
drive 190 km, 3 hours to Flam

9/17 Monday: 9:AM meet at STEGASTEIN VIEWPOINT ( 60.908389, 7.213108 ), then drive 2 km to trail head (60.918088, 7.232034) to hike Prest Summit ( 8 km, take 5-6 hours, 500 meter elevation gain)  
[https://www.sognefjord.no/dbimgs/25%20Great%20Hikes\\_LOW\\_12%20MB.pdf](https://www.sognefjord.no/dbimgs/25%20Great%20Hikes_LOW_12%20MB.pdf)



then visit OTTERNES FARM

Non-hiker option: take THE FLÅM RAILWAY - the most beautiful train journeys in the world , Nok 550+  
or FJORD CRUISE NÆRØYFJORD, Nok 335+ -

<https://www.visitflam.com/en/se-og-gjore1/aktiviteter/fjordcruise-pa-naroyfjorden-2016/>  
drive 153KM, 2.5 hours to Odda

9/18 Tuesday: 6 AM meet at Mogelielvi, Tyssedal ( 60.132819, 6.626711 ) trailhead parking lot (fee 500 Nkr. If possible, drive to upper trailhead parking lot, hike to Trolltunga, take 10 to 12 hours, and 800 meters elevation gain, 27 km.

<http://www.trolltunga-road.com/en/default-css.asp>



Drive to Tyssedal (6 km from Odda) on route 13. Follow signs to Skjeggedal and Trolltunga. After about 7 km you reach the parking lot in Skjeggedal. Parking in Skjeggedal (NOK 500/day, 250 spaces). The parking fee is used to finance public facilities in the area.

Alternative parking at Topp for 30 cars, 4 km from Skjeggedal towards Trolltunga. Steep and narrow (private) road with sharp turns, 400 meters ascent and 17% maximum gradient. For experienced drivers, 4-wheel drive is recommended. The road opens at 7 am, first come first served availability. Payment at the start of the road. Maximum car height is 2 m. Mobile homes and motorcycles are not allowed. [www.trolltunga-road.com](http://www.trolltunga-road.com)

for short hike option: [hike to Buerbreen \(glacier\) 4 hour round trip](https://en.hardangerfjord.com/odda/things-to-do/buerbreen-p1000083)  
<https://en.hardangerfjord.com/odda/things-to-do/buerbreen-p1000083>

other interesting place: Norwegian Museum of Hydro Power and Industry



Drive 107 KM, 1.8 hours to Sand or anyplace toward next day's trailhead, pass by Låtefossen Waterfall



9/19 Wednesday, Drive to Preikestolhytta (100 km, 2.2 Hours)

Meet at 10AM at Pulpit Rock parking lot (GPS: 58.991820, 6.138096) hike to Pulpit Rock (8KM, 4 hours)



Drive to Byrkjedal (53 km 1.3 hours) or any place before next day 's trailhead,  
e.g. a ski resort: <https://sirdal-skisenter.no/>

9/20 Thursday drive 77 km, 1.5 hours.

10AM meet at Kjerag parking lot (GPS: 59.045940, 6.651357), parking fee Nok 200.

Hike to Kjeragbolten, 9 km round trip, 400 meter elevation gain, 5 hours

<https://lysefjordhikes.dnt.no/the-hike-to-kjerag/>



drive to Stavager, 139 KM, 2.5 hours  
have group dinner in Stavager.

9/21 Friday, Stavager city tour: Vålandstårnet, Valberget Utsiktspunkt, Fargegaten, Sverd i fjell (swords in rock), Norwegian Petroleum Museum



Drive to Bergen, 209 km, 5 hours, has tolls, includes a ferry (Mortavika-Arsvågen/E39 ferry, Halhjem-Sandvikvåg/E39 ferry, run every 30 minutes, \$\$)

9/22 Saturday, Bergen city tour: Bryggen, cable car to Mt. Ulriken, hike from Mt Ulriken to Mt. Floyen, fish market, Fantoft Stave Church (Nok 60)



Option: Seafood experience with a boat trip and lunch at Cornelius Seafood Restaurant (Nok 795)

Group events end on Saturday. Sunday is your travel day to go back home.

Options:

Drive back to Oslo (7.2 hours, 463 KM),

or return your rental car take train back to Oslo (7:57AM Nok 659, 11:59AM Nok 849, R41 train, 15 stops, 6.8 hours)

<https://www.nsb.no/en/our-destinations/our-regional-railway-lines/bergenrailway>  
or fly to Oslo or USA from Bergen

In early August, I will provide more trip details to those who register to this event.